

In Recognition of National Mental Health Month

# Personal and Professional Perspectives on Depression

Featuring Kay Redfield Jamison, Ph.D.

Thursday, May 29

6:45 pm

Minnie Howard School Auditorium  
3801 West Braddock Road  
Alexandria, VA 22302

Free parking.

There is no cost to attend.

1.5 CEUs for health care providers.

Book sale and signing to follow the presentation.

**Kay Redfield Jamison, Ph.D.** a clinical psychologist, is a Professor of Psychiatry at the Johns Hopkins School of Medicine. She is one of the foremost authorities on manic-depressive illness and has experienced its exhilarating highs and catastrophic depressions first hand. With her unique dual perspective, Jamison will speak from the point of view of both a “healer” and one who is “healed.”

She has been named one of the “Best Doctors in the United States” and was chosen by *Time* magazine as a “Hero of Medicine.” Dr. Jamison has been the recipient of the National Mental Health Association’s William Styron Award, the American Suicide Foundation Research Award and the Community Mental Health Research Award.

Dr. Jamison is the author of *Manic Depressive Illness* (with Frederick K. Goodwin), *An Unquiet Mind: A Memoir of Moods and Madness*, *Touched with Fire: Manic Depressive Illness and the Artistic Temperament*, *Night Falls Fast: Understanding Suicide* and *Exuberance: A Passion for Life*.



This event is offered to the community in recognition of National Mental Health Month as part of the Partnership for A Healthier Alexandria’s HOPE Campaign to fight the stigma of accessing mental health services. Other sponsors include: Alexandria Community Services Board, Friends of the Alexandria Mental Health Center, CrisisLink and NAMI of Northern Virginia.

